

TASTER COURSES ONE DAY A WEEK FOR 12 WEEKS

Starting:

August 2014
November 2014
March 2015

To find out more about
these **FREE** courses contact:



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West College Scotland is a registered
charity (No SC021185) pledged to provide
education, guidance and training of the
highest quality.

Learning Links is part of
Communities and Outreach in
West College Scotland.

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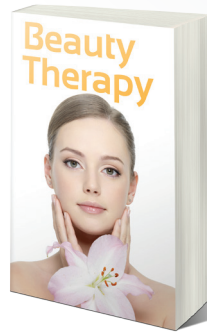


Learning Links offers learning opportunities and support to best suit your personal goals. Courses run one day a week for 12 weeks and are ideal if you have few or no formal qualifications. Enrolling on one of our courses should not affect benefits you receive.

All students who complete a 12 week programme will be guaranteed an interview for full/part time study on application.

Beauty Therapy

- How to enhance the appearance using beauty therapy
- Provide hand and nail treatments
- Provide facial and skin care treatments
- SQA unit in Personal Development



Construction

- Brickwork introduction
- Plumbing introduction
- Carpentry and Joinery
- Painting and Decorating



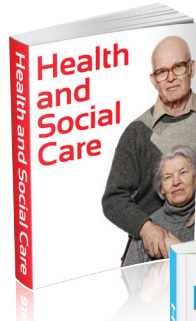
Customer Service

- Understanding the importance of good customer service
- Case studies on service delivery in organisations
- Planning and organising a customer service event
- SQA unit in Customer Service
- SQA unit in Personal Development



Health and Social Care

- Working in a Health care or Social care setting
- Values and attitudes in care
- Social influences and Behaviour
- SQA unit in Personal Development



Hospitality

- Introduction to the hospitality and catering industry
- Food preparation and cookery processes
- Food hygiene and Health & Safety
- SQA unit in Personal Development



Sport and Fitness

- Exercise and Fitness introduction
- Personal Fitness Sessions
- Health & Wellbeing introduction
- Optional SQA unit in Employability or Wellbeing



Optional Extra - Computing (Half Day)

Add on IT Computing Skills to one of your course choices:

- Word processing
- Using the Internet and online communication
- Creating folders and organising work
- Beginners or Intermediate level
- SQA unit in IT Core Skills; PC Passport



SQA Qualifications

Qualifications are built into all the courses except Sport and Construction where they are optional. You can work towards the following units (where offered):

Personal Development

- Self Awareness – recognising your individual strengths
- Self in Society – developing interpersonal skills
- Self and Work – developing skills for work

Wellbeing

- Exploring Wellbeing – looking into your emotional and physical health

Employability

- Preparing for Employment
- Building your Employability Skills

